...ved remarkable endorse-
in the great war. It is
uable for all who have to
rgo exertion, either to
ote fitness or to recu-
e after fatigue.

rom the Commander of H.M.S. "Viking."

The ship's company of H.M.S. Viking are most grateful for the gift of OXO sent "Popular Science Siftings." need hardly say that OXO a most suitable gift for the ew of a torpedo boat destroyer in Winter.

OXO Ltd., Thames House, London, E.C.

OXOXOXOXO

LASGOW'S DOUBLE REVENGE.

Dresden A Sister Ship to the Emden.

t justice that the Glasgow should have at the death" of the Dresden, for she nt at the action of the Chillian coast, Good Hope and Monmouth were sunk, ved to fight again the Falkland Islands December 8, when the Dresden was the of Admiral von Spee's squadron to She has now taken a double revenge. Falklands fight the Glasgow was unable all her attention to the Dresden until the e fleetest vessel in the German squadron l out of sight, for she was busy sinking ig.

nt. on the same historic occasion, was with the Nurnberg, to catch whom urnt even her boats in her magnificent o even two knots more than she had before in her life.

ecember 8 the Dresden has been in close the deep water of the creeks which the South American coast, but went at last to resume her practical career een quickly rounded up and sent to the close to the very neighbourhood where Cradock perished so gallantly last

curious coincidence both the naval nts in Chilian waters occurred on a Novem ber 1 and March 14—just as the ser action in the North Sea also took Sunday.

oing into hiding the Dresden, so far as has only sunk one British trading ship, ay Castle, a barque whose crew were Valparaiso last week.

Scene of the Battle.

'ernandez, where the naval action took which the Dresden was sunk, is a rocky elonging to Chili in the South Pacific It has an area of 38 square miles, and is s the solitary residence of Alex Selkirk n Crusoe) from 1704 to 1709.

THE BLOCKADE.

Three British Steamers

Challenger arrived off the Cameroons on September 23, receiving orders to cross the bar and steam up the river to bombard Duala.

"It was found that the Germans had sunk ten or twelve merchant ships at the entrance to the river, but our skipper had a go. It was a great performance.

"We crossed the bar, our ship just touching, and steamed up the river to within 1,100 yards of Duala and Bonabera. We received the congratulations of General Dobell and the Admiralty for crossing the first line of defence at Duala, as the river was strewn with mines.

"After sweeping up thirty-six mines we steamed up river and gave the Germans twenty-four hours in which to surrender. As we had no reply we commenced the bombardment at daybreak on September 26th, our first shell knocking half the roof off the Governor's house.

"Then we bombarded Bonabara, on the opposite bank to Duala. Besides capturing the Woermann liners, we lifted a floating dock worth £60,000, and the Governor's yacht."

George Marsh, of Cardiff, who was also on the Challenger, writing home, says that the German Governor had invited many guests to witness the sinking of the British cruiser as she came up the river.

Killed in Action.

Major J J Howley, D.S.O.

We regret extremely to record the death of Major Jasper J Howley, D.S.O, Lincoln Regiment, who was killed in action on the 14th inst, it is believed at the attack of Neuve Chapelle. No particulars have as yet come to hand, but the sad inteligence was conveyed to the gallant officer's brother, Mr J G Howley, Rich Hill, Co Limerick, in the following wire received on Tuesday evening:—"Deeply regret to inform you Major J J Howley, Lincoln Regiment, was killed in action on 14th March, Lord Kitchener expresses his sympathy.—Secretary War Office." The deceased officer was the third of five sons of the late Lieut.-Col. John Howley, D.L, and Mrs Howley, of Rich Hill. He was educated at Oscott and Sandhurst, and joined the Lincoln Regiment in March, 1888. With his two brothers he served in the South African War, in which campaign he was severely wounded; was twice mentioned in despatches, and received the D.S.O. He was in Bermuda with his regiment when the war broke out, and the regiment, of which he was second in command, was brought to France about the 1st November. The news of the death of this gallant and brilliant officer, who was in his 47th year, will be received with keen sorrow in his native county, where he and his relatives are so highly respected and esteemed, and deep sympathy of a wide circle of friends will go out to them in their bereavement.

Second Lieutenant C R G Vance.

We regret extremely to record the death of Second Lieutenant Charles Richard Griffin Vance, 1st Battalion Cheshire Regiment, killed in action. The very sad intelligence appears in the list of casualties in the Expeditionary Force reported from General Headquarters, under date 10th instant. This gallant young officer, who was only 21 years of age, volunteered for service immediately on the outbreak of hostilities, and he was gazetted on the 15th August, 1914. He was the youngest son of the Rev Chancellor Vance, M.A., Rathronan, Ardagh, County Limerick, with whom and his family the deepest sympathy of a wide circle of friends will be extended in their keen sorrow.

The deceased was connected with the Campbell College Training Corps. Canon Vance has another son, an officer, serving at the Front. He was a member of the Trinity College Training Corps, and volunteered for the Front early in

by Great Britain and Ireland.

The country is more ready to submit to effe legislation in this matter than ever before, an feel that it is of vital importance that this o tunity, which may soon pass away, for a national service should be grasped by the Go ment.

The Chancellor of the Exchequer's words, "drink is doing more damage in the war th the German submarines put together," and "we have great powers to deal with drink we mean to use them," raised hopes in country that drastic measures were about taken with the root of the evil—i.e., the tr not the mere occasional outgrowth, suc "treating."

The Chancellor of the Exchequer also said speech September 19th)—"We have been comfortable, too indulgent, many, perhaps selfish, and the stern hand of fate scourged an elevation where we can see the great lasting things that matter for a nation—the peaks of honour we had forgotten, duty, pat ism, and, clad in glittering white, the pinnacle of sacrifice, pointing like a rugged f to Heaven."

Russia has seen that reformation in the m of the terrible national vice of drunkenness i of "the great everlasting things that matter nation," and has attained to the great pinnac sacrifice, and is already reaping the rewa increased efficiency, health, and prosperity.

At such a crisis as the present, we ca believe that Mr Lloyd George's words we mere flight of rhetoric, and we would, there call upon the Government to make good words of one of the great Ministers of the Cr by passing some strong and "fearless" mea to restrict the sale of drink, such as the closi public-houses and clubs on Sunday, abolishing *Bona fide* Travellers' Act, the prohibition of sale of drink after 1 p.m. on Saturday and 6 on other days, and doing away with "t canteens in military camps.

Your obedient servants,

✠MICHAEL Cardinal LOGUE.
JOHN B. ARMAGH, Archbisho
JAMES BINGHAM, Moderato the General Assembly o Presbyterian Church in land.
W. R. BUDD, Vice-President o Methodist Church in Irel

March 15th, 1915.

MOTHER, YOUR CHILD NEEDS A LAXATIVE!

If Tongue is Coated, Stomach Sick, or the Child is Cross, Feverish, Constipated give "California Syrup of Figs."

Don't scold your fretful, peevish child. S the tongue is coated; this is a sure sign that little stomach, liver and bowels are clogged bile and imperfectly digested food.

When listless, pale, feverish, with tai breath, a cold, or a sore throat; if the child not eat, sleep or act naturally, or has ston ache, indigestion or diarrhœa give a teaspo of "California Syrup of Figs," and in a few h all the waste-matter, bile and fermenting will pass out of the bowels, and you ha healthy, playful child again. Children love harmless "fruit laxative," and mothers can easy after giving it, because it never fails to their little "insides" sweet and wholesome.

Keep it handy, Mother! A little given t saves a sick child to-morrow, but get the ger Ask your chemist for a bottle of "Cali Syrup of Figs," which has full direction babies, children of all ages, and for grow plainly on the bottle. Remember there counterfeits sold here, so look and see that bottle bears the name of the "California Fig Company." Hand back with contempt any